March CVIDS Newsletter 2015

President Nancy's Podium

Spring is coming, you can feel it in the air. Such a difference this week from last when I could feel the air in my frozen nose and toes. I really loved watching the eagles that I see on my 40 mile commute to work and will miss them as the waterways start opening up north. Their soaring is unmistakable in the winter skies. After the February meeting, I stopped at the Iowa River north of Iowa City and watched the eagles coming in for the night. We counted over 30 eagles.

I have learned that the American Hemerocallis Society (AHS) carries insurance for us as a member organization. I was able to obtain certificates of insurance for the May and August plant sale locations. What a great membership benefit for our nominal group rate. Are you an individual member of AHS as well? I have enjoyed getting to use the information available at our fingertips for free. Check out www. daylilies.org for more information. As a new member you would qualify for a certificate for dollars off of purchases at participating growers. The Daylily Journal is sent 6 times a year and an issue of the Region One publication, Daylily Pioneer, is also sent several times a year.

CVIDS will be well represented in the next Daylily Pioneer. Keith Riewerts will have his winning Betty Miller Photo Contest picture on the cover. I teased him about the fame of it not being quite the same as on the Cover of the Rolling Stone. Jonathan has written an article as the Science Liaison, and I have shared information about CVIDS as an organization celebrating 25 years, the past six months including our garden tour, and a brief article about Lynn Stoll. We are a busy organization and we should toot our horns to let others know!!

Thank you to all who have represented CVIDS so well in the past month. We have had speakers at Kirkwood Gardening Fair, Art of Gardening, and Pollen Dabbers. Volunteers represented us as a society at three well attended gardening fairs with the result of several new members to join our family. Ginger Pruess and Barb McCreight have written a very nice article about our first participation at the Horticulture in the Heartland at Clinton Community College.

Nancy Carlisle

Upcoming Meetings:

March 21, **2015**: 12 noon potluck, 1 pm meeting at New Hope Presbyterian Church, 4209 West Central Park, Davenport, IA. Come off of I-280 exit 6 onto Locust Street towards Davenport. Go 2 miles. New Hope sits back off of Locust Street on the South. The entrance street is Calvin. We will be entering on the west side of the building. Come and enjoy a cupcake with us to celebrate our 25th anniversary of CVIDS. Please bring a canned good donation for the food pantry. New Hope has the largest per capita food pantry in the Eastern lowa Presbyterian Synod. It is dear to my families heart, as my father, Glenn Seymour was one of the founding fathers establishing the food pantry in 1985.

Zora will be showing slides of the 2015 Club Plant purchases. Expect a lot of oohs and ahs. We will also be recognizing our charter members contributions. Zora has included an attachment for the already ordered Club Plants. This will be subject to change as the plants arrive. Great to see what is coming. Please print a copy to bring to meeting.

April 11, 2015: 12 potluck, 1 pm meeting at Environmental learning Center, Muscatine Iowa. Come off of the Hiway 61 bypass onto Cedar street heading into Muscatine, go less than one mile and turn into the Learning Center, the road curves ahead into a large parking lot.

Speaker will be Feryl York, a licensed physical therapist. Jonathan Poulton asked her to speak on how to prevent back injuries in the upcoming gardening season. She is so excited about joining us. Doug Jones will be presenting a half hour program on John Brown's Last Underground Railroad trip through Iowa 1859. There were several prominent hubs in Eastern Iowa. There is a marker in West Liberty. We should take a trip to the marker when we are in **West Liberty on May 23 for the Club Plant distribution.** Look for more information about the programs in the April newsletter.

Horticulture in the Heartland at Clinton Community College, Clinton, Iowa - March 7, 2015

Ginger Pruess and Barbara McCreight represented CVIDS at the Heartland Educational Seminar. This was the first time CVIDS was represented there. There were only two other information tables – Trees Forever and a Master Gardener Table (that did not have a rep there, just information). We were very well received – they had a table and two chairs for us to use. We were invited for donuts and coffee and thank you CVIDS for our lunch!

At the beginning of the second set of sessions we were invited to attend one of our choice! We picked "Something Old, Something New: Shrubs and Trees You Didn't Know You Needed" by Chuck Porto of Iowa City Landscape and Garden Center. It was WONDERFUL, very informative and he was funny! We got lots of ideas for our home landscape and ideas for Lowden Garden Club gardens too!

Since many of the seminars were not geared to the Iris and Daylily, we did get a few to sign up for the drawing for a free CVIDS membership and we had one couple join and pay for a membership – so now we have three new members! We felt it was well worth our time!

The key note speaker was Terry Swails, weatherman guru of FOX News/KGAN of Cedar Rapids. Since it is the beginning of Tornado Awareness Season, he explained how tornadoes form. He also had on site video of the tornado that hit Joplin, Missouri. Amazing how it formed from a pencil size twister, to a 1/2 mile wide in less than a minute. The high death toll was caused by the quick tornado formation and the fact that Joplin is built on mining sites, so many of the homes do not have basements.

We would recommend CVIDS attending again sometime in the future. The next one is scheduled for Saturday March 5, 2016. We also learned that Bickelhaupt Arboretum in Clinton (one of the sponsors for this horticultural event) and its endowment have been donated to the Clinton Community College for management. If you have never been to Bickelhaupt we would highly recommend you tour there, it is beautiful! We have been there several times and Lowden Garden Club is planning an early May outing when the daffodils and trees are in bloom!

Happy Spring – The Daylilies are breaking ground!

Barb McCreight & Ginger Pruess



Kirkwood and Muscatine Garden Fairs

CVIDS was well represented at two other fairs by Gary Oster, Jo Lynn Johnson, Dave Kramer, Sherri Baldonado, Zora Ronan and Heather Harroun. We gave away some books and memberships as well. We want to welcome all of our new family members. I know that the persons who volunteered their time were richly rewarded in sharing the daylily experiences with others.

Members who have joined our Family since July 2014

Pete and Pat Connolly, Bellevue, IA
Mindy Eilers, Monticello, IA
John Hansen, Wilton, Iowa
Ewing and Carol Miller Clinton, IA
Linda Cornelius, Clinton, IA: gift membership Horticulture in the Heartland
Beverly Byram-Howe, Columbus Junction, IA
Twyla Peters, Columbus Junction, IA: gift membership Kirkwood Gardening Fair
Kit Fillenworth, Marion, IA
Bill Hasak, Scotch Grove, IA
Cynthia and Ronald Huss, Independence, IA
Luella Johnson, Vinton, IA

Steve Lyons, Iowa City, IA
Jerris Richardson, Missouri Valley, IA
Brian and Mary Thompson, Williamsburg, IA

Remember what it was like for you at some of your first meetings, reach out to these members, bring them along, sit with them, and show them the ropes. As Gerald Hobbs told me in a phone conversation this week, "We are all family members, we have a love for daylilies and are gardeners". Welcome one and ALL!

Social Responsibility project request from our youth member:

The homeless shelter is the old Y on the corner of Fourth St and Iowa Ave Muscatine, IA.

Their business hours are Mon-Fri 8am-5pm, Sat 7am-6pm, Sun 6am -10pm. I think that it would be nice if we did a fundraiser to earn money for them. By collecting the money they can buy food and water. We can also collect clothes for the people.

If you are a person who wants to help, they need toiletries, hygiene products, and clothes. You can bring your items to me at meetings or you can take it down to the facility yourself. I started by putting up a box and sign at school, but I also bagged up some of my clothes and took them down.

- Catherine Hansen

Kinkaid Plant Markers

We will place an order after the March meeting. If unable to attend next meetings, please call Nancy Carlisle to place an order. Prices vary based on the length of the stake. A discount is provided by the Kinkaid company for club orders. You might want to look at their website at the Signature Series M style that we will order. These are the same that you received for the 2014 Club Plant marker. Order should arrive in time for the April meeting and we will also be using for the club plant distribution in May. If you want an order form, please let Nancy know.

"The Illustrated Daylily Guide" by Oscar Billingslea has arrived. The cost is \$13. We will be able to order more if you have not had a chance to place your order yet.

Election Committee members are being sought. Officers to be elected this year are Treasurer and Vice President. According to our bylaws, we need a committee to solicit potential candidates. Please volunteer. As Suzanne Moffit pointed out at the last meeting, if you are on the committee, usually you are not elected as an officer.

Region ONE "Dancing with Daylilies" Meeting: Mark your calendar for July 17-19, 2015.

CIDS will be hosting in Marshalltown. Featured garden tours on Saturday, July 18th are Walkabout Gardens: Merwyn and Nan Ripley, Turkey Ridge Garden David and Shirley Halverson, A-Mazing Days Gardens: Selwyn and Mary Kay Rash, and Timber Creek Garden: Don and Mary Ann Lovell. Karol Emmerich is the banquet speaker. Cost is \$140 by June 15th. I will have registration forms available.

There will be a judged photo contest and an area to post pictures. Plant donations are needed for the auction. Contact Nan Ripley at nripley22@gmail, 515-382-6269.

Recipe Corner

This first recipe is being reprinted, as Gary Oster had to recreate the recipe as we often have to from our loved ones. We realized after trying it again, we needed to make some adjustments.

Arlene Oster's Famous Cream Puff Recipe, courtesy of Gary Oster

Cream Puffs

1 cup water

1/2 cup butter or margarine

1 cup all-purpose flour

4 large eggs

Vanilla Fluff Filling

1 large package (8-serving size) vanilla instant pudding and pie filling mix

1 ½ cup milk

1 teaspoon Vanilla extract

1 cup Cool whip

Powdered sugar

Directions

- 1. Heat oven to 400°F. In 2 1/2-quart saucepan, heat water and butter to rolling boil. Stir in flour; reduce heat to low. Stir vigorously over low heat about 1 minute or until mixture forms a ball; remove from heat. Beat in eggs, one at a time; continue beating until smooth.
- Gary said his mom used an electric mixer as she grew older. She also used the microwave to do this step.
- 2. On ungreased cookie sheet, drop dough by slightly less than 1/4 cupfuls about 3 inches apart. Bake 35 to 40 minutes or until puffed and golden. Cool away from draft, about 30 minutes.
- Gary called it a quick oven, started it at 400 for 10 minutes and then turned it down to 375. and NO PEEKING!
- 3. Make the filling. (directions are below). Cut off top third of each puff and pull out any strands of soft dough. Fill puffs with filling; replace tops. Cover; refrigerate until serving. Store covered in refrigerator.
- Vanilla Fluff Filling: In large bowl, beat pudding mix, milk, vanilla extract, with electric mixer on low speed until well blended. Add cool whip; beat on high speed 1 to 2 minutes or until soft peaks form. Fill puffs. Serve immediately, or cover and refrigerate up to 3 hours. Just before serving, sprinkle with powdered sugar.

The next recipe comes from new member Mary Thompson:

POTLUCK SCALLOPED CORN

1 can whole kernel corn, drained - I use 1 pint of our own frozen corn because I think it makes it better

1 can creamed style corn

2 eggs, slightly beaten

1 c. sour cream

1 pkg. Jiffy corn muffin mix

1/2 cup (4 oz.) melted butter

4 T. chopped onion

1/2 c. (4 oz.) shredded cheddar cheese - optional

Combine all ingredients except cheese. Add salt and pepper to taste. Spread in a greased 9 x 11 inch pan. Bake about 30 to 35 minutes at 350 degrees. Sprinkle with cheese and bake 10 to 15 minutes more.

Scheduled for Vote at March Meeting:

CLUB PLANT ELIGIBILITY REQUIREMENTS:

To be eligible to receive a club plant for the current year, a member must have:

- ▶ paid membership dues for both the current and previous years (paid by April 1 of each year). .
- ► contributed to the club's activities during the previous calendar year (January 1 through December 31) by undertaking any *four* of the following:
- (1) Attend two club meeting (excludes plant distribution, includes banquet)
- (2) Serve as a CVIDS Board member
- (3) Chair or co-chaired a committee
- (4) Donate plants to a club sale
- (5) Assist at the CVIDS plant sales or auctions
- (6) Present a club program
- (7) Host a CVIDS garden tour and/or attend garden tour.
- (8) Write an article or provide photos for the website or newsletter
- (9) Bid in the Silent Auction of returning club plants
- (10) Win a live auction
- (11) Attend the CVIDS garden tour
- (12) Perform any activity that contributes to the success of the club

SELECTION BY PROXY:

If a member with eligibility to receive a plant is unable to attend the Plant Distribution, he/she may assign a proxy to select a plant for them during the drawing. However, the member must inform the Treasurer of their designated proxy prior to the Plant Distribution. If no proxy is designated, no proxy will be chosen for them him or her. These are the eligibility requirements to be printed in the Members Handbook as amended at February 2015 meeting. These will be voted upon at March 2015 meeting, effective with 2016 year. See web posted minutes for any clarification.

CVIDS Meeting Minutes for February 14, 2015 at Johnson County Extension Office, Iowa City

CVIDS members got an early meeting start with an 11:00 AM potluck lunch. Fifty-eight members were able to hear educational presentations by Barb Papenhausen on Soil Amendments and by Sherry McCarville and Karmin Mullins on Essential Oils.

President Nancy Carlisle called the business meeting to order at 1:30 PM.

Approval of the January minutes as printed – (M/S Gary Oster, Dave Appelquist)

Treasurer, Sherri Baldonado, reported Zora Ronan has begun purchasing Club Plants. Plant stakes may be ordered through the March meeting. Payment for AHS Guide to Daylilies should be made to the treasurer. At this time, we have a balance of \$10,355. Treasurer's report approved – (M/S Donna Denly, Sylvia Seymour) Committee Reports:

Membership chair, Jonathan Poulton, reported working on the photo member book, packets for new members, and a flyer on information about daylilies and upcoming events. These items will be helpful to new members and potential members. Jonathan also made a final call for 2014 photos for the web. He is especially in need of photos from the fall plant sale and the garden tour at Sylvia's.

Nancy reported for **Club Plant Distribution** chair, Zora Ronan. Purchase of this year's club plants has begun in earnest.

Photo Contest chair, Sylvia Seymour, encouraged all to take photos and enter in next fall's contest. **Silent Auction** chair, Heather Harroun, encouraged all to use these non-gardening months to check the website to verify which club plants they need to return this year. As spring unfolds, be sure to let her know as soon as possible the status of your club plant and the number of fans you expect to return.

Nancy called for volunteers for the **Officer Election Nominating Committee**. The committee will nominate candidates for Vice President and Treasurer. Those interested in being on the Nominating Committee should contact Nancy.

If members have ideas for celebrating the 25th anniversary of CVIDS, they can put their ideas on a card and place in the blue bucket. Ideas taken from the floor included a plant swap. People could submit a list of plants they had to share or would be interested in obtaining. Jackie Westhoff, Keith Riewerts and Jonathan Poulton volunteered to be on a committee to work out details for the swap.

Possible locations for the May plant sale were discussed. Scott Feddern reported that Noel Ridge was eliminated after finding out a sale would not be allowed there. Indian Creek Nature Center was eliminated based on discussion and vote at last month's meeting. Colleen Hansen reported that the Wilton city-wide garage sale would be May 2. We could use a space next to Garrison's Greenhouse on Hwy 6 at no charge. A \$5.00 fee would include us in city-wide advertising for the event. The final option would be the Environmental Learning Center at Muscatine on April 25 or May 9. There is a \$25.00 fee to file a request to use the facility. Further clarification is needed, but an additional fee of \$35.00 may be needed after the request is approved. Jonathan Poulton moved and Gary Oster seconded to have our plant sale at Muscatine on May 9. Motion carried. Colleen will take a check to secure our application for facility use. Nancy asked for volunteers, including a chair, to work on this committee. There is a signup list which had circulated for Indian Creek. Those volunteers may be interested in continuing to work on the spring sale. Kathy Kephart will work on Facebook publicity.

Nancy reported that several Charter members are willing to host the summer garden tour. It appears that both a North and South tour will be held on separate dates, likely on different weekends.

Location for the Aug. 22 Silent Auction/Plant Swap was discussed. Gary Oster moved and Mary Moore seconded to hold the event at the Jones County Fairgrounds (just down the street from the previous location at the Monticello Park) subject to the approval of the Fair Board. Motion carried. This event will include the silent auction, live auction, plant swap, public sale, and possibly a speaker.

Keith Riewerts made the second presentation of the proposed changes for Club Plant Eligibility. After good discussion and clarification of several examples, Rex McCreight offered the following friendly amendment. Under point 1, the banquet (which includes a business meeting) would be included as an acceptable club meeting. An additional point 12 would be added to include the summer garden tour as a separate activity. Jonathan Poulton seconded the amendment. Amendment carried and will become part of the proposal which will be up for a vote at the March meeting. As clarification, it was stated that questions about point 11 (other activities) should be presented to the Board on a case-by-case basis for their decision on qualifying contributions.

A number of lucky people went home with a door prize. Motion to adjourn – (M/S Keith Riewerts, Clay Dawson)

Respectfully Submitted, Sara Hankemeier, Secretary

Twenty Five years as CVIDS-Cedar Valley Iris and Daylily Society -article submitted to Daylily Pioneer

The first meeting of the Cedar Valley Iris and Daylily Society was held on Saturday afternoon, March 24th 1990, at the home of Lela and Jerry Hadrava in Cedar Rapids, Iowa. Thirteen avid iris and daylily buffs from as far away as Davenport and Fort Madison discussed ideas for possible group activities, meeting locations and other organizational details. Everyone who attended the meeting decided to join the group.

The group discussed ways to expand the membership, members were invited to bring friends, and supply names and addresses to whom a newsletter should be sent. After the informal business meeting and short break for refreshments, the group watched a video preview of the 1990 national convention of the American Iris Society to held in Omaha. Fred McDowell showed slide of some of the many choice daylily cultivars from his garden, and Gerald Hobbs followed with slides of some of his newest seedlings. Barry Stoll then showed some slides which had been sent for the meeting by daylily hybridizer Lucille Guidry.

The first planned activity of the group will be a median iris tour in the Hadrava and Stoll gardens on May 12, 1990. Members will see some 300 varieties of iris in bloom. At this initial meeting all members agreed that the group should meet approximately from March to November. As Susie Quinn put it, "we're all especially "starved" for our favorite flowers when they are not in bloom!"

A poll of the group on preferred activities for these meetings showed that members were most interested in slide shows of new varieties, potlucks, and informal talks on cultural practices, companion perennials, and extending the bloom season. Most of these meetings will be held somewhere in the lowa Clty area, which is centrally located.

The above paragraphs were taken from the April 1990 Edition one, Volume One of the Cedar Valley Iris and Daylily Society newsletter.

Charter members were: Barry and Lynn Stoll, Mary Brendel, Lela and Jerry Hadrava, Cyrus and Mary Katherine Cacioppe, Elenora and Gerald Hobbs, Larry and Anita Kemp, Frederick McDowell, Gertrude and Bill Pheiffer, and Susan Quinn. By the end of 1990 there were 40 listed members. In the beginning of 2015 there are over 130 members.

The formula that was established early on by the founding members found a common ground; one that has drawn and kept the members interest for 25 years. This is the promotion and study of loving iris and daylilies. 18 members who joined in the first three years are still active. The group became affiliated with both of the National organizations in the first two years.

In the first three years as a Society the membership hosted 4 large events. May 1991 found the group hosting at Barry and Lynn Stoll the Region 23 American Iris Society. 1993 the Region One American Hemerocallis Society held their annual meeting in Iowa City. The area of Eastern Iowa and the Midwest had seen devastating floods that limited access in June and July. The National Hosta meeting was hosted by Lela and Jerry Hadrava in Cedar Rapids, and the Siberian Iris National meeting. What huge undertakings for a small group of members. Grace and Pat Stamile, who were the guest speakers in 1993, said that they had never been at a better Regional event. Over the years, we continue to hold Regional events, have potlucks, and entertain with speakers.

As we enter into the 25th year, the deep rooted friendships that were created have blossomed. We are going to be celebrating all year long starting with birthday cake in March and by honoring our special charter members. Each month will be a talk presented by one or more CVIDS members. We have such a wealth of knowledge among our own talented group.

We are planning a great fall banquet on November 14th in Iowa City with Karol Emmerich as the speaker. Come join us at meetings, come visit our gardens on tour this summer as we visit charter members gardens, come celebrate with us. Check out our website at www.cvids.org

Nancy Carlisle
CVIDS Society President 2015-2017

A message from Jerry Hadrava, First CVIDS President 1990

A Spring Wish

May all the coolness of the winter pass into warmth of spring

May the earth come forth radiant and new

Bringing forth, as a mother her infants to be loved, shown for all to see.

May they grow, bringing joy into the hearts and minds of all.

Though the labors of the season are many, may they increase the blessings

Dull the aches and pains and overcome the disappointments we bear at the loss of a beloved plant, no matter how small, or the loss of bloom to the frost in fall.

May we see our Creator's plan in all that transpires

Good and bad, for the purpose is His in ways we do not understand.

God is as the wind, we do not see, yet as the movement of trees, and sense the presence of that which is.

May we search out the love and joy of this all

Gathering together, sharing that which we hold to our hearts.

Reprinted from April 1990 newsletter

